



Hope, despair and transformation: Climate change and the promotion of mental health and wellbeing

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Abstract:

BACKGROUND: This article aims to provide an introduction to emerging evidence and debate about the relationship between climate change and mental health. **DISCUSSION and CONCLUSION:** The authors argue that: i) the direct impacts of climate change such as extreme weather events will have significant mental health implications; ii) climate change is already impacting on the social, economic and environmental determinants of mental health with the most severe consequences being felt by disadvantaged communities and populations; iii) understanding the full extent of the long term social and environmental challenges posed by climate change has the potential to create emotional distress and anxiety; and iv) understanding the psycho-social implications of climate change is also an important starting point for informed action to prevent dangerous climate change at individual, community and societal levels.

Source: <http://www.ncbi.nlm.nih.gov/pmc/articles/PMC2556310>

Resource Description

Exposure :

weather or climate related pathway by which climate change affects health

Unspecified Exposure

Geographic Feature:

resource focuses on specific type of geography

Rural

Geographic Location:

resource focuses on specific location

Global or Unspecified

Health Impact:

specification of health effect or disease related to climate change exposure

Mental Health/Stress

Mental Health Effect/Stress: Mood Disorder, Stress Disorder

Climate Change and Human Health Literature Portal

Medical Community Engagement:

resource focus on how the medical community discusses or acts to address health impacts of climate change

A focus of content

Mitigation/Adaptation:

mitigation or adaptation strategy is a focus of resource

Adaptation

Resource Type:

format or standard characteristic of resource

Review

Timescale:

time period studied

Time Scale Unspecified